



MEDICATIONS TO BE WITHHELD BEFORE ALLERGY TESTING

Medications	Skin
"Non-Sedating" Antihistamines: Astemizole (Hismanal), Cetirizine (Zyrtec) Loratadine (Claritin) Fexofenadine (Allegra)	Withhold for 2 weeks before testing.
Antidepressants that have antihistamine effect: Amitriptyline (Elavil), Clomipramine (Anafranil), Doxepin (Sinequan), Imipramine (Tofranil), Trimipramine (Surmontil), Amoxapine (Asenden), Desipramine, (Nurpramin), Nurtriptyline (Pamelor, Aventyl), Protriptyline (Vivactil), Maprotiline (Ludiomil), Mirtazapine (Remeron), Trazodone (Desyrel), Nefazadone (Serzone)	Withhold for 2 weeks before testing.
Miscellaneous Anti-Anxiety Agents: Hydroxyzine (Vistaril, Atarax), Alprazolam (Xanax), Clonazepam (Klonopin)	Withhold for 1 week before testing.
Herbal Supplements: Astragalus, Licorice, Green Tea, Milk Thistle, Saw Palmetto, St. John's Wort, Feverfew	Withhold 1 week before testing
Antihistamines: Diphenhydramine (Benadryl), Chlorpheniramine (Chlor-Trimeton), Brompheniramine (Dimetapp), Clemastine (Tavist, Antihist), Combination Drugs (Actifed, Drixoral, Trinalin), and Midol	Withhold for 2 weeks before testing.
Topical Steroid Anti-Inflammatories: creams, ointments, gels, solutions, lotions	Withhold morning of test.
Histamine Blockers: Cimetidine (Tagamet), Ranitidine (Zantac), Nizatidine (Axid), Famotidine (Pepcid)	Withhold morning of test.
Leukotriene Receptor Agonists: Montelukast (Singulair), Zileuton (Zyflo), Zafirlukast (Accolate)	Withhold night before and morning of test.
Miscellaneous: Cisapride (Propulsid), Metoclopramide (Reglan)	Withhold morning of test.
Prochlorperazine (Compazine)	Withhold for 3 days

****Please check with your prescribing provider before discontinuing any medications.****